

# Jennifer Barclay Books London 2019

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# **Non-fiction**

**Iain Campbell**

**Caspar Craven**

**Ash Dykes**

**Diane Esguerra**

**Doug Gold**

**Elizabeth Gowing**

**Ishbel Holmes**



# TO THE LION'S MOUTH

## A Journey in Pakistan

**Iain Campbell**

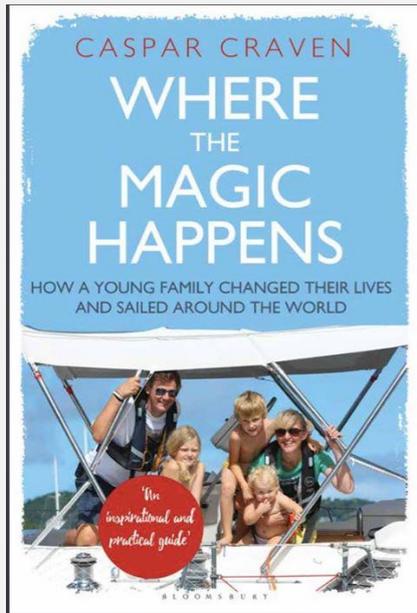
**Publication summer 2019 World English:  
Bradt**

Iain followed the Indus River by boat, train, bus and foot from its mouth in the mud flats of Karachi, through the Karakorum, Kashmir and the Himalayas, to its source on the Tibetan plateau where it springs from a glacial mouth on Mount Kailash.

His four-month journey took him to a Sufi shrine attended by crocodiles, a festival for a tiny Hindu minority community on a river island, and the temple of a three-year-old Buddhist lama. He saw how for thousands of years, Pakistan's religious life has been intertwined with the Indus, with the earliest imagery of the Hindu god Shiva and mysterious carvings of enormous fish-gods found on its banks.

As he travelled and made friends, he found the Pakistanis to be the most hospitable people he had ever met. While news on Pakistan worsens and it remains on the black list for travel, this book importantly illustrates a positive, human side of the country, as well as the pleasures of meandering solo and slowly through a land that rises spectacularly from desert plains to Himalayan peaks.

**Iain Campbell** has travelled widely in the mountains of his home country of Scotland and further afield. He studied history at Oxford University where he specialised in medieval religious history. In 2002 he decided to combine these interests by travelling to the holy mountains of Asia. His first book *With Unblest Feet* tells the story of a journey among the mountain pilgrims of the Silk Road. He lives with his family in Edinburgh.



**Publication 2018 US & UK: Adlard Coles (Bloomsbury)**

**Audio: Audible**

**New proposal coming 2019**

‘For all those wanting more from life, Caspar's message is incredibly motivating’ - Sir Ranulph Fiennes

‘... freedom from the pressures of modern life saved his marriage, and transformed his relationship with his kids’ - *The New York Post*

‘an incredible personal development and business book all told through the lens of a gripping real life transformation

and adventure story... needs to be made into a film.’ – Dr John Demartini, best-selling author of *The Values Factor*

‘brilliant story... full of fantastic, fun ideas for family flourishing’ – medium.com

- Hardback reprinted; Amazon UK bestseller
- Shortlisted for a Mountbatten Award
- Featured on BBC Radio 2, ITV News, *The Daily Express*, *The Times*, CNN.com, WGN News Chicago (TV), *New York Post*, *Irish Independent* etc.

The magic happens when you step outside your comfort zone, when you dare to imagine. When Caspar and Nichola created a plan to sail around the world with their children aged 9, 7 and 2, they didn’t even own a boat. People thought they were mad.

This is an inspirational yet practical story of the vision they had, and how they gave themselves a deadline to achieve it; a story of teamwork; an honest account of people who sailed around the world creating life-changing adventures as a family.

**Caspar Craven** is a respected keynote speaker on leadership, team building and dealing with adversity, and inspires and motivates teams to create change. He and his wife Nichola run Thrive workshops to help people achieve more from life.

See Speaker Showreel and press: [www.casparcraven.com](http://www.casparcraven.com)



## LIFE LESSONS FROM THE EXTREMES

### Ash Dykes

**MISSION YANGTZE began 15 August 2018**

‘A Welsh adventurer will attempt to set a world record to be the first person to walk the length of China’s Yangtze River solo...’ – *BBC News*

‘... will set off from the source of the Yangtze in the Tibetan Plateau and trek through the Jianggendiru Glacier, traverse fertile wetlands, steep mountains...’ – *Daily Mail*

‘not your typical adventurer...’ – *The Independent*

‘an inspiring man’ – Bear Grylls

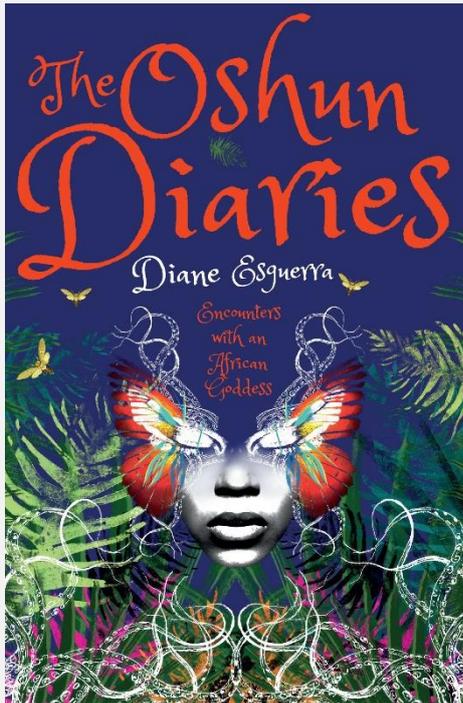
‘one of the world’s most fearless outdoor men’ - *FHM*

- First book *Mission Possible* published by Eye Books in the UK (2017), Shanghai Joint Publishing in China (2018) and Saigon Books in Vietnam (2019)
- Ash’s down-to-earth, positive approach, his ordinary background and his honest voice are irresistibly inspiring and easy to relate to.
- Affiliated with major brands and organisations, Ash has a global reach of over 1 million people per month through his social media channels

*Life Lessons from the Extremes* tells the action-packed adventure story of 28-year-old Ash Dykes’ mission to walk the length of the Yangtze – a 4,000-mile journey from the sub-zero temperatures of the Tibetan plateau to Shanghai and the East China Sea – and will be the first book about walking it from source to sea.

In addition and uniquely, the book will be interspersed with life lessons drawn from this and previous expeditions, offering practical inspiration and motivation that can be applied by all of us to everyday life on such topics as mental preparation and staying positive.

**Ash Dykes** at 23 became the first person to walk solo and unsupported across Mongolia, almost dying of dehydration in the Gobi desert. At 25, he traversed the length of Madagascar via its eight highest peaks, and despite contracting a deadly strain of malaria, achieved another world first. [www.ashdykes.com](http://www.ashdykes.com)



**Publication summer 2019 World English:  
Eye Books**

High priestesses are few and far between, white ones in Africa even more so. When Diane Esquerro hears of a mysterious Austrian woman worshipping the Ifa river goddess Oshun in Nigeria, her curiosity is aroused.

It is the start of an extraordinary friendship that leads to a quest to take part in Oshun rituals. Prevented by Boko Haram from returning to Nigeria, she finds herself travelling with her sister to Ifa shrines in Florida amid vultures, snakes, goats' heads, machetes, torrential rain and a cigar-smoking god. Her quest steps up a gear when Beyoncé channels Oshun at the Grammys and the goddess goes global.

Mystifying, harrowing and funny, *The Oshun Diaries* explores one woman's entanglement with Africa, the

life of the high priestess who penetrated its ancient soul, and why a new generation all over the world are eager to embrace this seductive love goddess of female empowerment.

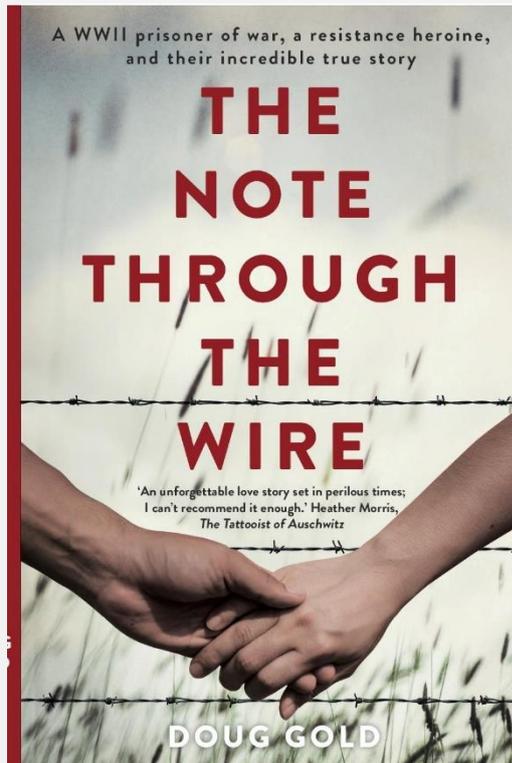
**Diane Esquerro** is a writer, a psychotherapist and a traveller. The author of *Junkie Buddha: A Journey of Discovery in Peru*, which was featured in *The Independent* and the *Mail on Sunday* and on BBC Radio, Diane is also the recipient of a Geneva-Europe Television Award and a Time Out Theatre Award. She lives in Surrey. [www.junkiebuddha.com](http://www.junkiebuddha.com)

Praise for *Junkie Buddha*:

'This is an inspiring and uplifting book about finding infinite value in the most intense and painful experience of profound loss' – Sandie Shaw, singer

'I could not put this gripping travel memoir down' – Julia Stephenson, author and journalist

'Diane Esquerro is a very fine writer' – Eddy Canfor-Dumas, screenwriter and novelist



**Publication April 2019 World English:  
Allen & Unwin**

‘An unforgettable love story set in perilous times... I can’t recommend it enough.’ – Heather Morris, bestselling author of *The Tattooist of Auschwitz*

A WWII prisoner of war, a resistance heroine, and their incredible true story.

In Nazi-occupied Europe, two strangers meet in a chance encounter. One is a Slovenian underground resistance fighter, who thrusts a crumpled note through a barbed wire fence and flees across the snow. The other is a prisoner of war, captured after frontline action in Greece. His eyes meet hers only briefly, but he is smitten.

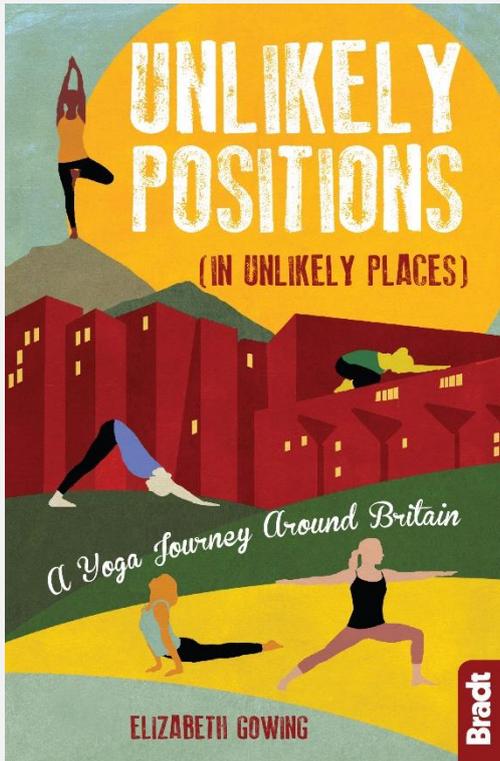
It sets them on a course that will change their lives forever.

This is the story of Slovenian partisan Josefine Lobnik, who at the age of 18 helped Allied soldiers and POWs escape from under the noses of the Nazis; and Bruce Murray, a New Zealand soldier who fought and was wounded in the disastrous Greece campaign, escaped to the hills but was captured and incarcerated in Slovenia. Were it not for a scrap of paper and a succession of coincidences, their lives would never have intersected.

Woven through their tales of great bravery, daring escapes, betrayal, torture and retaliation is their remarkable love story that survived against all odds. This is the extraordinary backstory of a seemingly ordinary couple who found each other in the midst of Hitler's barbaric regime.

**Doug Gold** is a retired broadcaster with a passion for historical and fact-based stories. His career started as an advertising copywriter followed by management positions; with his business partner he set up the More FM radio network and later was a founding partner of NRS Media with offices in London, Atlanta, Toronto and Sydney. He has won numerous broadcasting awards and consulted to major media networks globally. He met Bruce and Josefine in the 1980s and ever since he first heard their remarkable tale of bravery, resilience, resistance – and love – decided it was a story that had to be told. He lives in Wellington with his wife, Anemarie, the eldest daughter of Josefine and Bruce.

[www.thenotethroughthewire.com](http://www.thenotethroughthewire.com)



**Publication 2019 World English: Brakt**

‘A wonderful writer’ - Matthew Parris

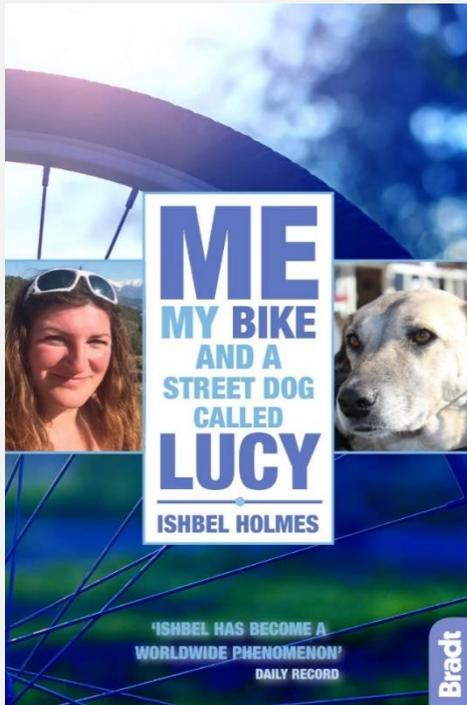
Elizabeth Gowing is not a likely yogini. She is too fond of chocolate and To-do lists, and sometimes falls over on her mat. But yoga has taken her on journeys both inside and out.

As she follows yoga around Britain, she discovers hot yoga, yoga in prisons and ‘doga’ (yoga with your dog) and struggles with new positions and philosophies. She realizes yoga is a current of shared experience running quietly through British society. She untangles the Ashtanga from the Kundalini, the Sanskrit from the whimsical new-age, and finds that yoga is rebuilding

communities and lives – and her own wobbling body.

She meets people who show her what yoga has meant to them in times of heartbreak and ill-health. Funny and touching, this is a celebration of ancient wisdom solving modern-day problems, and the exultation of finally mastering the Crow.

**Elizabeth Gowing** is winner of the Brakt/ Independent on Sunday travel writing competition (2014) and an established voice in quirky travel narratives with *Travels in Blood and Honey; becoming a beekeeper in Kosovo* (2011); *Edith and I; on the trail of an Edwardian traveller in Kosovo* (2013), *The Rubbish-Picker’s Wife; an unlikely friendship in Kosovo* (2015) and *The Silver Thread; a journey through Balkan craftsmanship* (2017). She also appears regularly on Radio 4’s From Our Own Correspondent.



**Publication summer 2018**

**UK: Bradt (August 2018)**

**US: Velo Press (October 2018 as SAVING LUCY)**

**Germany: DuMont Reise (lead title winter 2019-2020)**

**Audio: Tantor Media**

**Film: script available**

‘Who saved whom? Ishbel’s emotional story takes you on a journey of tears, laughter and hope... Beyond inspiring!’ – Dion Leonard, author of *Finding Gobi*

‘Ishbel’s journey from literal abandonment as a teenager to World Bike Girl is astonishing, and in this beautifully crafted book we see how the courage of one woman shines through’ – Frank Gilhooley, actor

‘Hooked by page 2. Tears by page 5. This is a gem of a story written by a brave and inspiring young woman

with an XXL heart.’ – Jason Lewis, author and adventurer

‘Down to earth, honest and funny. She mixes grit with unshakable optimism, and shines a light on the many twists and turns one woman’s life can take.’ – Anna McNuff, author

- Shortlisted for the Lonely Planet/Stanfords Adventure Travel Award 2019
  - Amazon bestseller with 5\* reader reviews
- Featured in *The Herald Scotland*, [Daily Record](#), [Lonely Planet](#), [The Telegraph](#), [The National Student](#), [The Big Issue](#)
- Ishbel cycled the UK with her rescued street dog giving talks to launch the book
  - A heartwarming, heartbreaking, need-to-share story.

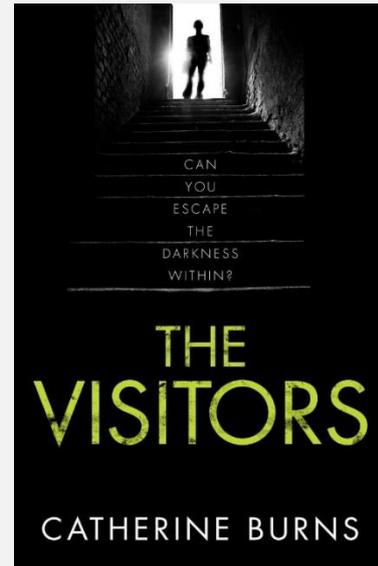
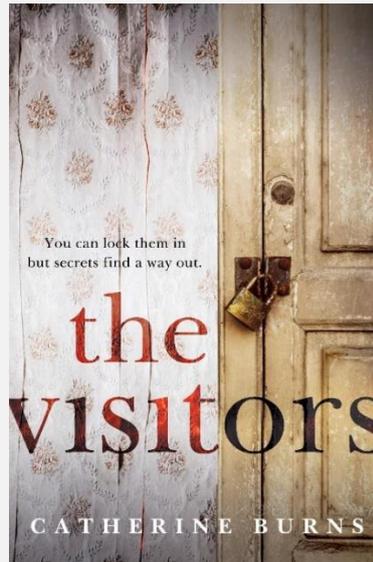
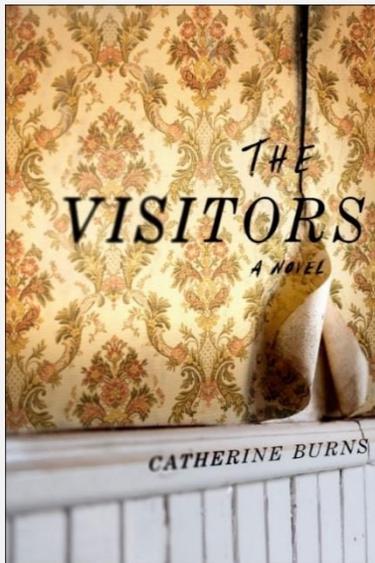
Ishbel was alone and cycling the world when a lame street dog crossed her path and seemed determined to follow. She tried to leave it behind at first, thinking that street dogs were not her problem. But eventually the encounter would change her life.

Protecting the dog from a vicious pack, Ishbel began to understand her own past: homeless at age sixteen, unwanted, abused and vulnerable. She named the dog Lucy and decided to give her the love and the home she never had herself. Lucy had survived being run over on the road and attacked with a shotgun. Ishbel would do everything she could for her. Their journey across Turkey to the Syrian border took them into the hearts of everyone they met.

**‘World Bike Girl’ Ishbel Holmes**, is a Scottish-Iranian woman who, in spite of being homeless as a teenager, went on to become a velodrome sprinter for the Iranian National Women’s Team and a British Masters Track Champion. She has many devoted followers on social media and fights for social justice, especially for women’s rights in Iran (where women were banned from cycling in public), for care leavers and street animals everywhere. Nicola Sturgeon, First Minister for Scotland, says, ‘Ishbel is awesome.’

# **Fiction**

**Catherine Burns**  
**John Xiros Cooper**  
**Catherine Graham**  
**Brad Smith**



**Publication hb 2017, pb 2018**  
**US: Scout Press (Simon & Schuster)**  
**ANZ: Hachette**  
**UK: Legend**  
**Audio: Oakhill**  
**Croatia: Znanje**  
**Czech: Alpress**  
**Spanish: Panamericana**

**New manuscript coming 2019**

‘Once you start Catherine Burns’ dark, disturbing, and enthralling debut novel, it’s hard to stop. *The Visitors* is bizarrely unsettling, yet compulsively readable.’ – Iain Reid, internationally bestselling author of *I’m Thinking of Ending Things*

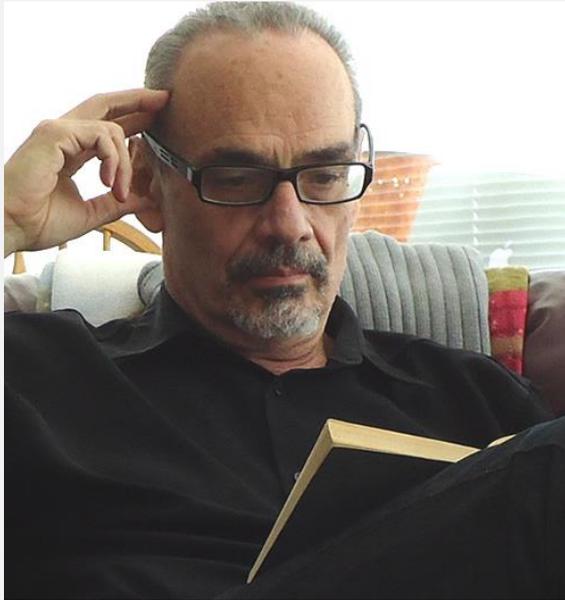
- Reached #1 on Kindle on Amazon UK for Crime/Suspense/Horror
  - ‘This week’s must-read books’ – *New York Post*
  - Books Etc’s October Book of the Month
    - A ‘Crime must-read’ - LitHub
  - A ‘Book to read in one sitting’ – MediaBookBub

Marion lives with her older brother John in a crumbling house on the edge of a seaside resort. A timid woman in her fifties, she turns a blind eye to the noises she hears coming from the cellar... and the laundry in the hamper that isn’t hers – until John has a heart attack.

**Catherine Burns** was born in Manchester, graduated from Cambridge, worked as a bond trader in the City of London before studying at the Moscow Institute of Film and teaching film theory at Salford University. This is her first novel.

‘thrilling debut novel: disturbing, gripping, and hugely impressive.’ – The Bookbag

Burns blurs the line between crime fiction and horror... Deliberate pacing, a claustrophobic setting...’ – *Publishers Weekly*



## DEAD LETTER

### John Xiros Cooper

Publication April 2019 World English  
ebook: Endeavour

‘Panos Akritas will go straight into the annals  
of crime fiction.’  
Jack Todd, author

*When Akritas was working a case, he had an  
ease of mind that resembled being alone in a*

*boat, body bending and pulling in one effortless motion as the oar blades dropped silver  
necklaces into the deep blue sea.*

In the scorching heat of summer in the Greek capital, Police Detective Panos Akritas has his dreams of an island holiday interrupted when he is called to investigate a brutal and mysterious murder of an academic in the National Library.

It soon becomes clear this is no ordinary case when the library’s alluring Dr Trappalini helps him decode a strange riddle. It appears a two-thousand-year-old letter may have been discovered under the surface of the ancient city that threatens some very powerful people and institutions, including the Vatican.

Like Andrea Camilleri or Maurizio di Giovanni, Cooper has created a central character whose personality keeps the reader turning the pages as much as the mystery itself and the setting in one of Europe’s most fascinating locations.

**John Xiros Cooper** was born in Athens and lived in Britain and Canada. He has had a successful career as a professor of literature and published several books with Cambridge University Press including *The Cambridge Introduction to T.S. Eliot*. The first Panos Akritas thriller, *The Sting of the Wasp*, was initially published by Endeavour Media in 2018 under his Greek name, Yianni Xiros.



## FORTY GREENS

### Catherine Graham

- Debut novel *Quarry* won an Independent Publisher Book Awards Gold Medal for Fiction.
- Poetry collection *The Celery Forest* was named a CBC Best Book of the Year and appears on their Ultimate Canadian Poetry list.

Played out against the background of Northern Ireland's Troubles in the 1990s, *Forty Greens* captures an affair, its aftermath, the connections between people—living and dead—and truths about marriage, family and abuse.

Caitlin Maharg leaves Canada to pursue her dream of becoming a poet. Living in an isolated cottage by the Irish Sea, she continues to be haunted by the loss of both parents and the secrets their deaths unleashed. Frustrated by her teachers, she enrolls in a course led by charismatic local poet, Mick Bent, married father of two.

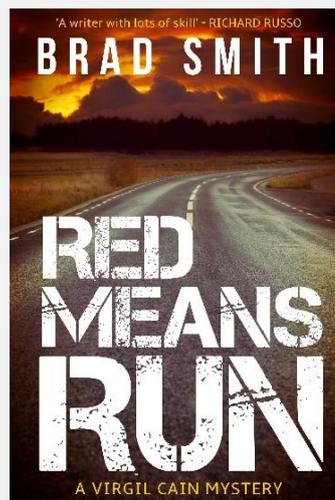
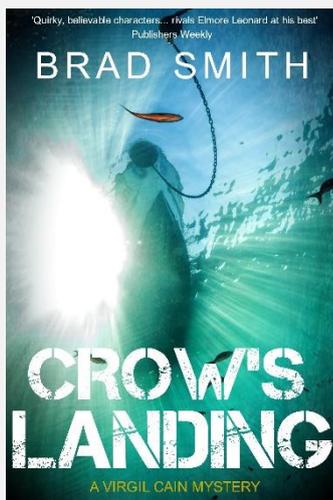
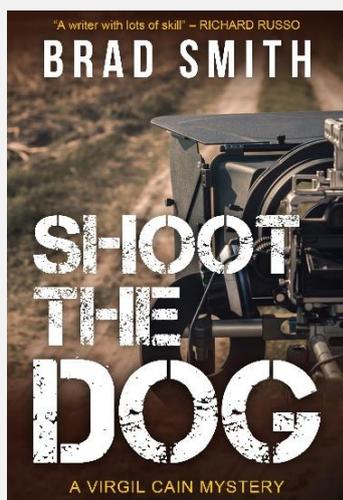
Their attraction is immediate and, despite Caitlin's misgivings, soon leads to a love affair. Mick leaves his wife for Caitlin who now must grapple with his increasingly controlling nature and abusive ways. This is the story of a quiet heroine who liberates herself in a masterful way.

**Catherine Graham** is a Toronto-based novelist and poet. While living in Northern Ireland, she completed an MA in Creative Writing from Lancaster University. Winner of the Toronto International Festival of Authors Poetry *NOW* competition, she has read at the Edinburgh Festival Fringe, The Bowery Poetry Club and many more, and teaches creative writing at the University of Toronto. [www.catherinegraham.com](http://www.catherinegraham.com). Instagram and Twitter @catgrahampoe.

Praise for *Quarry*:

"...tense, funny, painful, wondrous and all too real: a crazy, fearless dive into life's deepest mysteries." — Nancy Wigston, *The Toronto Star*

"*Quarry* is a drop-dead gorgeous piece of writing, a novel that gave me goose bumps."  
— Andrew Armitage, *Owen Sound Sun Times*



**Re-released 2018 UK: Endeavour Media; first published by Simon & Schuster Canada and Scribner USA in 2012**

- *Red Means Run* was named among 2012's Best Crime Novels by *Booklist*

'For such a furiously funny writer, Smith has great reserves of tenderness' – *New York Times Book Review*

'Rivals Elmore Leonard at his best' – *Publishers Weekly*

'Stellar... Wonderfully wrought characters, delicious wit, and droll storytelling... a delicious romp' – *Publishers Weekly on Shoot the Dog*

'Country noir doesn't get much better' – *Library Journal*

'he's funny, poignant, evocative, and he tells a blistering tale' – Dennis Lehane

'A writer with lots of skill, lots of heart, lots of brains' – Richard Russo

'Nobody does stand-up guys better than Smith' - *Booklist*

'*All Hat* is a winner all the way' – *Globe and Mail*

'a tight, lively package... genuine suspense' – *Toronto Star*

'dialogue that crackles like musket fire... a deliciously entertaining tale of uncivil war over the legacy of America's greatest conflict' – Tony Horowitz

'Hugely enjoyable' – Michael Redhill

Also by Brad Smith: the Carl Burns books *Rough Justice* and *Hearts of Stone* (Severn House 2016, 2017); *All Hat*, *Big Man Coming Down the Road* and *Busted Flush* (Henry Holt USA, 2003–2007; Endeavour Media 2016)

**Brad Smith** lives in an old farmhouse near Lake Erie, southern Ontario. He has worked as a farmer, signalman, truck driver, bartender, mechanic, roofer and carpenter. *All Hat* was made into a feature film, and *One-Eyed Jacks* was translated into Japanese and Hungarian and shortlisted for the Dashiell Hammett Award.

**Many thanks for your interest!**

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**New website: [www.jenniferbarclaybooks.com](http://www.jenniferbarclaybooks.com)**

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